

**Report on Train the Trainer Course held at Kathmandu,  
Nepal on November 2006**



# An Experience to Remember & Share

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## Train The Trainer

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Kathmandu NEPAL  
November 2006



# Empowerment South Asia



## Participating Countries:

- India
- Bangladesh
- Nepal
- Pakistan



## Objectives



- It was a training course organised for UNI educators.
- To enable the educators to conduct effective training sessions for their members.
- Develop skills required in planning and presenting a session.

## The Experience



The whole experience is absolutely not measurable as it is immense.

Since the day we reached till the time we departed there was so much to fill our knowledge bags!



## The Eye Opener



Introduction to **UNI** and its activities.

Introduction to the **ILO history** and Update on Basic **Labour Standards** and **Conventions**.

Importance of **networking** in forming strong unions.

# More Learning!



## Topics Covered:

- Principles of adult learning
- SMART Objectives
- Planning Sessions
- Preparing & Conducting Sessions
- Effective communication and **many more. . .**





